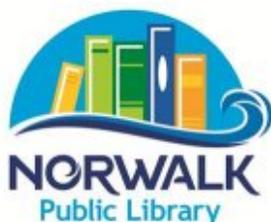


In This Issue:

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Newsletter



Happy New Year!



January 2018



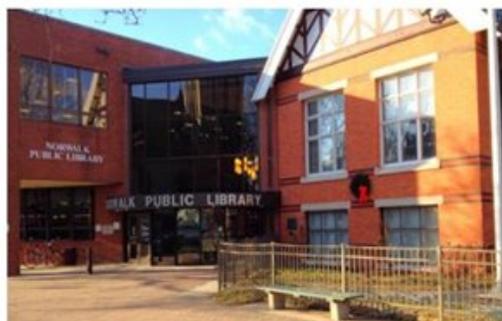
Both libraries are closed on New Year's Day, Monday, January 1.

Greetings!

Start the year off right...@ your library!

Join us on Sunday, January 7, 2018, for the Friends of the Library annual meeting and to get some ideas for how to survive (and even enjoy) the long dark ahead.

(If you can't get to the library, know that the event will be live streamed on social media by Norwalk's own councilwoman, Eloisa Melendez).



All afternoon on the main level:

- Enjoy a treat from the Friends Café and pick up a free book to take home.
- Try your hand at the 3D printer.
- View digital maps & [postcards](#) from the History Room.
- Need a passport? Bring your [documents](#) and go to the Judy room and apply.
- Learn how to access eBooks, audio books, movies, television shows, music, comic books and magazines for free using just your Norwalk Library card! Bring your library card and device and we will show you how. Kindle users, please have your Amazon password handy and Apple device users, please have your iTunes password handy.

On the Upper Level:

- Zumba demo from 1:00 to 1:45 in the auditorium
- Low Impact Aerobics demo from 2:00 to 2:45 in the auditorium
- Jim Clark Quartet from 3:30 to 4:30 in the auditorium
- Kidz Krafts in the Children's Room

On the Lower Level:

- See the new "map gallery" and our historical postcard collection in the History Room.
- Try your hand at Robotics in the Teen Room.

Learn about other things to do @ the library this winter.

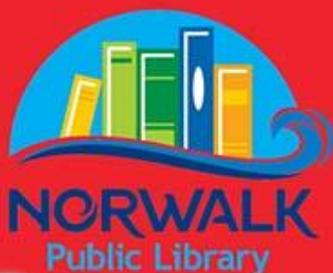
- Chess for young people on Saturday mornings
- ESL classes led by Literacy Volunteer

- Free [museum passes](#) to borrow
- Qi Gong on Wednesdays

Follow us on [Facebook](#) & [Instagram](#)!

Chris

[Download Event Flyer](#)



OPEN HOUSE

1:00 PM - 5:00 PM

WITH A PERFORMANCE BY THE

JIM CLARK QUARTET

FEATURING:
ROB ARIES
JOHN MOBILIO
JIM ROYLE

SUNDAY
JANUARY 7, 2018
3:30 - 4:30 PM

NORWALK PUBLIC LIBRARY
1 BELDEN AVE. NORWALK
AUDITORIUM
FREE ADMISSION



Burbio.com - Norwalk Calendars

We are excited to announce a great new service that will allow you to easily keep track of everything going on at the library and all over Norwalk. Introducing Burbio.com a free website and app that puts ALL Norwalk schools, library and many other community calendars and events in one place. With Burbio, you can select calendars to follow, create a personalized event feed, sync local events to your Google or iPhone calendars instantly and get notified when things change!

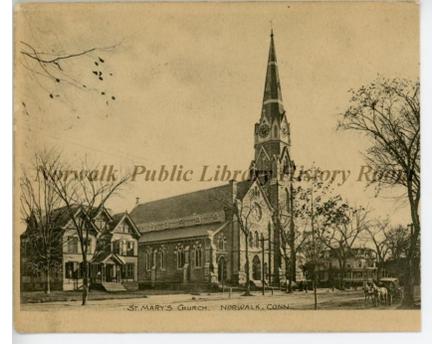
Sign up for free at: www.Burbio.com or download the [iPhone App](#) and follow our calendar!

Norwalk History Room Online Database

Our first online records are [postcards of Norwalk scenes](#), most dating from the beginning of the 20th century. We will follow these with regular additions from our collection of thousands of documents and photographs. Search by keyword or use the advanced search feature. The postcards can also be viewed randomly.

The Norwalk History Room and archive combines the library's former Local History Collection with the archival collections of the former Norwalk Museum. The lower level of the main library building at 1 Belden Avenue houses this large array of published and unpublished books and papers, photographs and maps, and more, covering over 300 years of Norwalk history.

The mission of the Norwalk Public Library History Room is to preserve the archival materials, including manuscripts, photographs, maps, newspapers, and books, which illustrate the history of Norwalk, Connecticut. This History Room online database will further our goal of promoting knowledge and appreciation of the long history and rich cultural heritage of the Town of Norwalk.



January Programs & Events

Library Hosts Program in Norwalk Arts District First Friday Series

After Hours Free Film Screening at NPL

"My Name is Joan" Documentary

Friday, January 5

6:00 - 8:00 pm

Main Library Auditorium



Join us for Norwalk Public Library's first after hours event on Friday, January 5, at 6 p.m., for a film screening of "My Name is Joan." A light supper will be provided courtesy of the library, followed by the screening and a discussion with filmmaker Margaret Stapor Costa. This event is part of the Norwalk Arts District First Friday series. Winner of Best Documentary Short for Alliance for Women in Media in Los Angeles and Best Documentary Short at the New Haven International Film Festival among other awards,

"My Name is Joan" tells the story of Susan Drew, a woman who was born Joan Fagan, to an unwed mother in the St. Patrick Mother and Baby Home in Dublin, Ireland on March 16, 1949. While the documentary chronicles Susan's journey to find her true identity, it also highlights the illegal exporting of children for profit by the Catholic Church to families in other countries, while the Irish Government turned a blind eye. The Irish Government still denies adopted children access to their information even though forced adoption affects at least a quarter of the Irish population. In 2015, an inquiry into Mother and Baby Homes was launched and the results are due out in 2018. Many believe the inquiry will not shed light on what really happened to mothers and their children in these homes, and the Government is dragging its feet, hoping the issue will die as the people who were directly affected, or engineered the illegal adoptions die.

You will also have the opportunity to meet Susan Drew, the subject of "My Name is Joan," who plans to attend the screening.

This program is free and open to the public on a walk-in basis.

Music - Art - Food - Fun

FIRST FRIDAY

Arts District, Downtown Norwalk CT

Visit [Norwalk's First Friday Series Facebook](#) page for additional information.

For further information, please contact Cynde Bloom Lahey, Director of Library Information Services, at (203) 899-2780, or clahey@norwalkpubliclibrary.org.

[Print "My Name is Joan" Flyer](#)

American Job Center Career Coach Free Job Search Assistance

Monday, January 8

10:00 - 12:00

1:00 - 3:00

Curb in front of library

[American Job Center Southwest](#)



[Career Coach Schedule](#)

Healthy Resolutions

Mondays, Beginning January 8
Main Library Auditorium

January 8 - Goal Setting 101

January 15 - NO CLASS (MLK Day)

January 22 - Asking for help, time management, and stress

January 29 - Mindfulness

February 5 - Physical activity / tracking progress

February 12 - Nutrition, part 1 / calories in vs. calories out

February 19 - NO CLASS (President's Day)

February 26 - Know your numbers / understanding health care

March 5 - Nutrition, part 2

March 12 - Maintaining health behaviors / positive self-image / Q & A



Smart Retirement Income Strategies

Thursday, January 18

6:30 - 8:15 pm

Main Library Auditorium

[Register](#)



Retirement can be a very rewarding time in a person's life, however planning for retirement and preparing to have the income that is required to meet one's needs can be quite a challenging process. Many people want to secure a plan and know that they will not outlive their money in retirement as the safety net of their job and salary will be gone. As a nation we are nervous about retirement. More than a quarter of Americans, 28 percent, say that the specter of high medical expenses in old age worries them the most, according to a recent survey. The thought of running out of savings also gives people the jitters, with 23 percent of Americans identifying that as their biggest retirement worry.

AuthorSpeak Presents_

Christine M. Filardi *Home Cooking for your Dog & Cat*

Sunday, January 21
3:00 - 4:30 pm
Main Library Auditorium



[Register](#)



75 Holistic Recipes

Create a biologically appropriate diet for your dog or cat.

Learn how easy and affordable it is to make your own pet food and treats from Christine M. Filardi, certified in canine and feline nutrition and author of *Home Cooking for Your Dog*.

The health benefits are numerous when dogs and cats eat a species appropriate diet.

Most importantly, pet owners see the elimination of prescription dog food and many common health issues our pets face: allergies, joint problems, obesity, digestive upset, and behavior issues. For more information: www.BowMeowRaw.com.

Christine M. Filardi is a Certified Holistic Chef for Animals and author of *Home Cooking for Your Dog*. She started her business BowMeowRaw with the vision of helping dogs and cats live longer and healthier lives. Her journey began 15 years ago and her passion remains to help pet owners make the easy and affordable transition of commercial pet food to either a cooked and/or raw diet. Christine conducts lectures and classes throughout Long Island, hosted a pet segment on the *Half-time Howie Radio Show*, and has been featured on *Animal Island*, *Long Island Naturally*, *FiOs1 News*, and in *Newsday's Who's Cooking*.

For further information, please contact Cynde Bloom Lahey, Director of Library Information Services, at (203) 899-2780, or clahey@norwalkpubliclibrary.org.

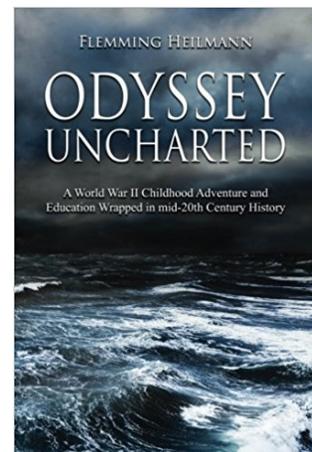
Odyssey Uncharted : A World War II Childhood Adventure and Education Wrapped in Mid-20th Century History Flemming Heilmann

Monday, January 29
12:00 - 1:30 pm
Main Library Auditorium

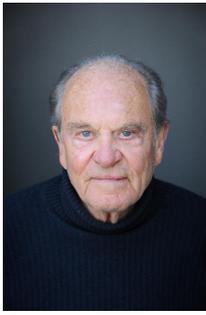
[Register](#)

A light lunch will be provided courtesy of the library.

Flemming's tale is one of an itinerant World War II childhood and education in British colonial Malaya. The book leaps into a roiled global environment,



which forces risky decisions and the navigation of uncharted waters - sink or swim.



Flemming Heilmann was born in 1936 in Malaya, of Danish parents, spending his early childhood there until the threat of Japanese invasion forced an evacuation to unknown Australia in 1941. Joined later by his father who escaped Singapore as she fell, the family spent World War II as refugees. As soon as the war ended in Europe, but before the Japanese capitulation, the family traveled home to Denmark on a troopship, evading kamikaze attacks in the Pacific.

Flemming's school education spanned Australia, Denmark - where he sank deep cultural roots - and formative years in the United Kingdom before he graduated from Cambridge with a law degree. During this period he spent time in British colonial Malaya during the communist uprising before its independence, in Swaziland under British rule and in South Africa while apartheid laws were being put into place. During the post war recovery, Flemming developed an appreciation of America's role in the rehabilitation of war torn Europe and an understanding of the mighty US economic engine driving economic, technological and social progress in the world. A 40-year executive career in industry took him back to South Africa for 17 years and on to the USA in the mid-1970s, with stints on the European continent and in Canada. Flemming lives with his wife Judy in Connecticut. The couple has four sons, a daughter and nine grandsons.

For further information, please contact Cynde Bloom Lahey, Director of Library Information Services, at (203) 899-2780, or clahey@norwalkpubliclibrary.org.

Business Workshop



A free SCORE Small Business Series Workshop co-sponsored by Norwalk Public Library

Simple Steps For Starting Your Business - Session 1 **Five Workshops to Lead You to Start-Up Success**

Wednesdays, January 10 - February 7
6:00 - 8:30 pm (Check in at 5:30)
Main Library Auditorium

For those who have an idea about starting a business but don't know where to start, or those with a new business struggling to grow, this free, five-part workshop series, conducted by a team of professionals from SCORE's Fairfield chapter, will provide a solid foundation for your business to grow and thrive.

Wednesday January 10: [Register](#)

Self-Assessment/Business Plan - Learn about the risk and reward of starting a business in today's competitive marketplace. The traits of successful entrepreneurs will be discussed for the purpose of assessing one's innate and acquired ability to start and manage a successful business. The session will also focus on structuring a dynamic plan.

[Presenter: Michael Klehim, Vice Chair, SCORE.](#)

Wednesday January 17: [Register](#)

Marketing Strategy & Research - Learn the importance of market research and planning to start-up and build a competitive and successful business. Emphasis will be on sound market positioning of a small business's products or services within its target market that will enhance profitable sales and success.

[Presenter: Dick York](#)

Wednesday January 24:

Website & Social Media Marketing - This session focuses on the current online marketing tools available for start-up and operating businesses. Proven providers of website design/marketing programs and of social media marketing tools will help navigate your business to the proper balance of a website and social media marketing strategies for your business.

Wednesday January 31: Financial Reporting & Planning - This presentation reviews a business's key financial statements and walks the participants through the development of a comprehensive financial plan. The importance of understanding the key financial drivers of the business will be a center-piece of the discussion.

Wednesday February 7: Funding Sources/Conversation with Entrepreneurs - Learn how the funding structure required for start-up businesses today, including a presentation from lending sources specializing in start-up and small businesses. Includes discussion and Q&A with SCORE mentored, start-up business entrepreneurs

Workshops

Technology Workshops

Computer Lab

Saturday, January 13 10:00 - 11:30 am	Introduccion a Computadoras	Register
Saturday, January 13 2:00 - 3:00 pm	Excel Basics	Register
Saturday, January 27 10:00 - 11:30 am	Introduccion al Internet	Register
Saturday, January 27 2:00 - 3:00 pm	Word Basics	Register

Career Workshops

Computer Lab

Thursday, January 11 6:30 - 7:30 pm	Writing a Great Cover Letter	Register
Thursday, January 18 6:30 - 7:30 pm	Building a Great Resume	Register
Thursday, January 25 6:30 - 7:30 pm	Acing the Job Interview	Register

For additional information, please contact Laurie Iffland, Librarian, at (203) 899-2780 ext. 15114, or liffland@norwalkpubliclibrary.org.

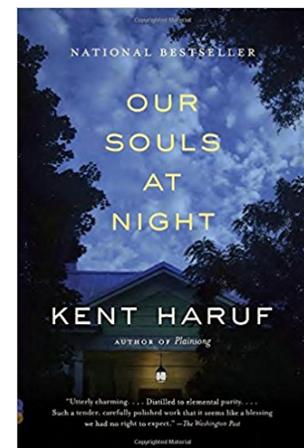
Book Discussion

Readers' Choice Book Group

Our Souls at Night
Kent Haruf

Wednesday, January 10
2:00 pm
Norwalk Senior Center
11 Allen Rd. Norwalk, Ct

Norwalk Library's Director of Library Information Services, Cynde Bloom Lahey, will lead a discussion on *Our Souls at Night* by Kent Haruf.



In the familiar setting of Holt, Colorado, home to all of Kent Haruf's inimitable fiction, Addie Moore pays an unexpected visit to a neighbor, Louis Waters. Her husband died years ago, as did his wife, and in

such a small town they naturally have known of each other for decades; in fact, Addie was quite fond of Louis's wife. His daughter lives hours away in Colorado Springs, her son even farther away in Grand Junction, and Addie and Louis have long been living alone in houses now empty of family, the nights so terribly lonely, especially with no one to talk with.

Their brave adventures-their pleasures and their difficulties-are hugely involving and truly resonant, making *Our Souls at Night* the perfect final installment to this beloved writer's enduring contribution to American literature.

Cynde Bloom Lahey, Director of Library Information Services, at (203) 899-2780 ext. 15133, or clahey@norwalkpubliclibrary.org.

Books Sandwiched In

Small Great Things

by Jodi Picoult

Thursday, January 25

12:00 -1:00 pm

Carnegie Room

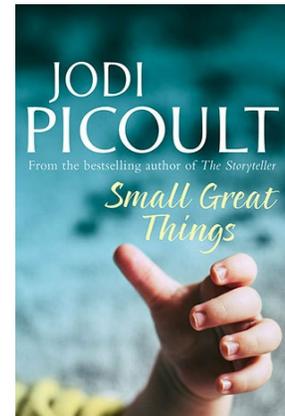
Bring your lunch and join Reference Librarian Susannah Vidino for a lively discussion of *Kitchens of the Small Great Things* by Jodi Picoult.

From Amazon:

Ruth Jefferson is a labor and delivery nurse at a Connecticut hospital with more than twenty years' experience. During her shift, Ruth begins a routine checkup on a newborn, only to be told a few minutes later that she's been reassigned to another patient. The parents are white supremacists and don't want Ruth, who is African American, to touch their child. The hospital complies with their request, but the next day, the baby goes into cardiac distress while Ruth is alone in the nursery. Does she obey orders or does she intervene?

Ruth hesitates before performing CPR and, as a result, is charged with a serious crime. Kennedy McQuarrie, a white public defender, takes her case but gives unexpected advice: Kennedy insists that mentioning race in the courtroom is not a winning strategy. Conflicted by Kennedy's counsel, Ruth tries to keep life as normal as possible for her family, especially her teenage son, as the case becomes a media sensation. As the trial moves forward, Ruth and Kennedy must gain each other's trust, and come to see that what they've been taught their whole lives about others, and themselves, might be wrong.

With incredible empathy, intelligence, and candor, Jodi Picoult tackles race, privilege, prejudice, justice, and compassion-and doesn't offer easy answers. *Small Great Things* is a remarkable achievement from a writer at the top of her game.



Weekly Programs

Zumba with Karen

Children & Parents - Mondays

5:00 - 5:45 pm

Adults & Teens - Mondays

6:00 - 7:00 pm

Low Impact Aerobics with Linda

Tuesdays & Thursdays

Beginning January 9, 2018

1:30 - 2:30 pm

Main Library Auditorium

Linda Lombardo is known to local residents for her work as a Silver Sneakers instructor, Linda has been a Business Education teacher with the New Canaan, Norwalk, Fairfield, Greenwich and Stamford Public School Systems for over 20 years. She is certified by the American College of Sports Medicine as a health fitness instructor, personal trainer and nutrition counselor. Stop by on Tuesday or Thursday to welcome Linda and try out a new version of Low Impact Aerobics.

For additional information, please contact Cynde Bloom Lahey, Director of Library Information Services, at (203) 899-2780

QiGong with Bill Wrenn

Wednesdays

5:00 - 6:00 pm

Caffe' e Conversazione with members of Vini, Vitti, Dici! -- an Italian community salon dedicated to promoting Italian language and culture in an informal setting will meet on **Saturdays, in January at 10 am in the Carnegie Room.**

You must RSVP by the Friday before to confirm time and meeting. This is not a class for beginners! Participants must be able to carry on a conversation around a timely topic.

For more info: ViniVittiDici@gmail.com or PatTinto1@gmail.com.
President & Founder.

For more information on our activities and salon, contact Pat Tinto at ViniVittiDici@gmail.com; or PatTinto1@gmail.com

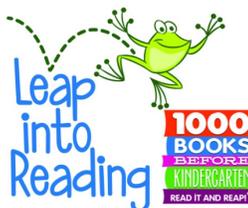


[Teen January Calendar](#)



[Children's January Activity Calendar](#)

[Register here for 1000 Books Before Kindergarten to read and win prizes!](#)



*Book artwork used with permission from the 1000 Books Foundation.

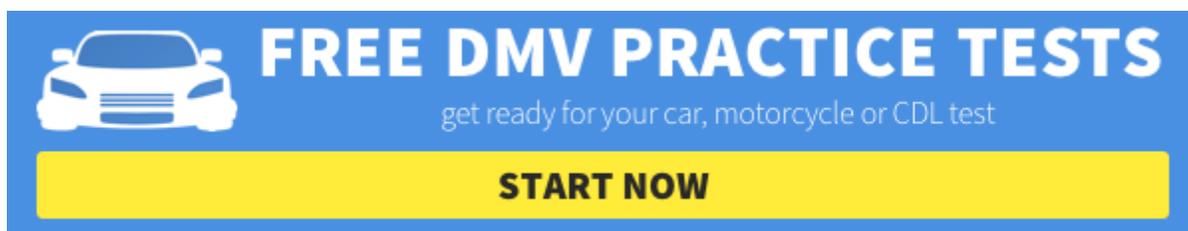
Library Extras

Free VITA/IRS Tax Preparation Help at NPL Tax February 1 - April 17

[Details](#)

The Norwalk Public Library System is pleased to announce that the free, full service VITA/IRS Volunteer Tax Assistance Program, will be available at the Main library, South Norwalk branch and other locations from February 1 through April 17.

This program provides free state and federal income tax preparation and e-filing, with special attention to seniors and low to moderate income households. Our aim is to make tax filing more convenient and available to Norwalk residents. Once again, the Norwalk Public Library will partner with the IRS through the VITA program and its IRS-certified volunteers. Along with its companion AARP program, more than 65,000 volunteers will provide service at over 9,000 sites across the country. Previously in Connecticut, more than 52,000 federal returns were prepared and e-filed, in addition to an equal number of state returns and many amended filings.



 **FREE DMV PRACTICE TESTS**
get ready for your car, motorcycle or CDL test

START NOW

NPL has partnered with drivers-test.org to bring you the current CT DMV driver's practice tests for free! Included are car, motorcycle, CDL practice test, and the driver's manuals for each test. Also included are accessibility tools that let users hear selections read aloud, make them into MP3s, translate pages into other languages, magnify text, and mask portions of the screen for greater visibility on the practice tests.

This driver education program contains the following CT-specific information:

- 11 car practice tests
- 9 motorcycle practice tests
- 12 CDL (commercial driver's license) practice tests
- 3 online driver's manuals (car, motorcycle, CDL)
- A FAQ section with detailed answers to over 100 DMV-related questions

Social Security @ NPL

The Social Security Administration offers their Video Service Delivery program at the Norwalk Public Library. **This service is available every Friday between 9:00 a.m. and 12:00 noon in a small study room on the first floor of the Main Library.** People needing to speak with a Social Security employee will be able to do so. Video conferencing equipment has been set up so people can speak face to face with the Social Security employee. No appointment is necessary. This service was made available as a result of the closing of the Social Security office in Norwalk a few years ago.



For more information call the reference desk at 203-899-2780 ext. 15109

